

Set-Up 2026

Play-along files here: <https://lowcee.com/set-up-audio-files/>

1a & 1b: Blow **air** gently until lips vibrate – don't make them vibrate, let them.

No articulation – no too or poo, etc. – "whhhhh . . ."

Exaggerated breath-attacks – "wh" – like Stewie* from Family Guy!

Sound should **NOT** be immediate – airflow first, then tone.

There may be several total "air-balls" before you get a tone.

Repeat first measure as necessary until tone start is predictable, then go on.

Always **breath attacks. Not too loud – not too soft.**

Bends should be smooth but "**square-cornered**" – pitch center direct to pitch center.

Repeat 1a & 1b down by 1/2 steps through 7 keys (positions) each.

*see: <https://www.youtube.com/watch?v=u0DXHArucB4>

"square-cornered" lip-bend!

1a

"whuu" (slow relaxed breath)

1b

simile

Play 2a & 2b each 3 times: free-buzz (a rim can help), play mouthpiece, play horn – full sound – **not too loud!**

When buzzing, gliss the slur. All slurs/glisses: gentle, un-accented. But "**square-cornered.**"

Not fast – **KEEP TIME** – tap your foot and mentally subdivide 16th notes!

Between the first and second iteration of each line, do one "blocked buzz."

see: <https://lowcee.com/blocked-buzzing/>

(Be sure to *think* the names of the pitches – and try to *imagine* their sounds – before playing them!)

2a

"whuu" "duu" "woe" *simile* Continue down to 6th position.

2b

"whoe" "doe" "whoosh" *simile*

As above, but up by semitones.

Continue as high as *easy* to free-buzz.

This is *not* a range exercise.

3

mf ("wh") stay in one position - **BEND!** *simile*

Continue down by semitones as far as time allows.
(Note: F attachment is best but false tones will do.)

NOTE: Line 1 is a good "quickie" warm-up or warm-down, if need be.