

# Set-Up 2025

Play-along files here: <https://lowcee.com/set-up-audio-files/>

1a & 1b: Blow **air** gently until lips vibrate – don't make them vibrate, let them.  
 No articulation – no too or poo, etc. – "whhhh . . ."  
 Exaggerated breath-attacks – "wh" – like Stewie\* from Family Guy!  
 Sound should **NOT** be immediate – airflow first, then tone.  
 There may be several total "air-balls" before you get a tone.  
 Repeat first measure as necessary until tone start is predictable, then go on.  
 Always **breath attacks. Not too loud – not too soft.**  
**Bends** should be smooth but "**square-cornered**" – pitch center direct to pitch center.  
 Repeat 1a & 1b down by 1/2 steps through 7 keys (positions) each.

\*<https://www.youtube.com/watch?v=u0DXHArucB4>

1a "whuu" (slow relaxed breath)

1b simile

Play 2a & 2b each 3 times: free-buzz (a rim can help), play mouthpiece, play horn – full sound – **not too loud!**  
 When buzzing, gliss the slur. All slurs/glisses: gentle, un-accented. But "**square-cornered.**"  
 Not fast – **KEEP TIME** – tap your foot and mentally subdivide 16<sup>th</sup> notes!  
 Between the first and second iteration of each line, do one "blocked buzz."

see: <https://lowcee.com/blocked-buzzing/>

2a "whuu" "duu" "woe" simile Continue down to 6th position.

2b "whoe" "doe" "whoosh" As above, but up by semitones. Continue as high as *easy* to free-buzz. This is *not* a range exercise.

3 *mf* ("wh") stay in one position - **BEND!** Continue down by semitones as far as time allows. (Note: F attachment is best but false tones will do.)

**NOTE:** Line 1 is a good "quickie" warm-up or warm-down, if need be.